

What is a Manicure?

A manicure is a cosmetic beauty treatment for the hands and fingernails.

The word 'manicure' comes from the Latin Manus, meaning 'hand' and cure meaning 'care'. A manicure can be a treatment for the hands, the nails, or both. Many gentlemen are now having Man-e-cures!!

The **Classic Manicure** at the **Hand and Foot Studio** includes a nail shape and cuticle treatment. Then your skin will be exfoliated and thoroughly nourished before a relaxing hand massage and finished with an Essie® nail polish of your choice.

Relax and enjoy our **Luxury Manicure**. This luxury, pampering treatment which includes a nail shape, cuticle treatment, exfoliation, hand and arm massage, a deep conditioning treatment with heated mitts is completed with a stylish and glossy nail polish of your choice.

Our Hand and Foot Technician

Caroline Christer CIBTAC, ITEC, IFR, Cert Ed is the hand and foot therapist at the Hand and Foot Studio. Caroline has significant experience in the beauty industry including teaching at a local college for a number of years and offers a range of hand and foot treatments in addition to and to compliment the services offered by Maidenhead Podiatry including luxury manicures and pedicures, acrylic nails, and gel overlays.

Clinic Information

Hand and Foot Studio
1 Havelock Business Park
Havelock Road
Maidenhead
Berkshire SL6 5FH

01628 779907

www.handandfootstudio.co.uk

info@handandfootstudio.co.uk

Opening Hours

Tuesday	08.00 – 20.00
Wednesday	08.00 – 16.00
Thursday	08.00 – 20.00
Friday	08.00 – 17.00
Saturday	By appointment